

# Adventure Camp Information

Hello! It's that time of year again, and we are so excited to welcome your camper to Adventure Camp this summer! Below you'll find important information to help you prepare for camp.

You can also visit [www.camloucon.org/parents-and-guardians](http://www.camloucon.org/parents-and-guardians) for additional details, packing lists, and FAQs.

If you have any questions or concerns, please contact us at:

- Email: [info@loucon.org](mailto:info@loucon.org)
  - Phone: (270) 242-7160
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## Medications & Health Needs

All medications must be turned in at check-in and will be administered by trained camp staff. Please ensure all health and medication forms are completed in UltraCamp prior to arrival.

If your child will need medication during camp:

- Print and complete the attached medication form.
  - Prescription medications must be in their original bottles with the camper's name clearly labeled.
  - Only send the amount needed for the duration of camp.
  - Place medications and the completed form in a gallon-sized plastic bag.
  - Write your child's full name on the outside of the bag using a permanent marker.
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## Food Allergies & Dietary Needs

If your child has food allergies or dietary restrictions, please make sure this information is completed in UltraCamp before arrival.

You may also contact Danielle directly at [Danielle@camploucon.org](mailto:Danielle@camploucon.org) with any allergy or dietary questions so we can best prepare for your camper's needs.

Campers with food allergies will receive a colored wristband that must be worn throughout camp to help staff ensure their safety.

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## Camp Store

Be sure to stop by the Camp Store located on the front porch of Turner Lodge! Families and campers can shop for souvenirs during Wednesday and Friday pick-up times.

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## Drop-Off Information

### Sunday Check-In

- **Time:** 4:00 PM (Central Time)
- Staff will be available to direct traffic and assist with unloading.
- Families are welcome to park, help unload belongings, and meet cabin leaders.
- To help campers transition smoothly into camp life, we encourage parents/guardians to say goodbye shortly after check-in.

Restrooms are available near the dining hall and cabin areas during drop-off.

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## Pick-Up Information

### Friday Pick-Up

- **Time:** 10:00 AM (Central Time)

Staff will guide families through the pick-up process. A map is provided below.

For camper safety:

- Only individuals listed as authorized pick-up contacts in UltraCamp may pick up campers.
- A valid photo ID is required.
- If pick-up arrangements change, please contact the camp office before pick-up day.

Restrooms will be available in Turner Lodge during pick-up.

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## What to Bring

A full packing list is below.

Please remember:

- Closed-toe shoes are required for activities.
- Water shoes are recommended for waterfront activities.
- Bring weather-appropriate clothing (layers are encouraged).
- Pack bedding (sleeping bag or sheets, pillow, blanket).
- Bring toiletries such as toothbrush, toothpaste, soap, and shampoo.

Please leave all electronics at home, including cell phones and other devices.

# LOUCON 2026 PACKING LIST

## What to Bring

- Water bottle
- Sleeping bag/bedding (twin)
- Pillow
- Toiletries (soap, shampoo, deodorant, toothbrush, toothpaste, etc.)
- Sunscreen
- Medication (see instructions)
- Swimsuit (goggles if wanted)
- 2 towels (swim/bath towel)
- Bug spray
- Shoes (see below)
- Camp-appropriate clothing (see guidelines)
- Extra socks and underwear
- Bible
- Hat, sunglasses, bag (drawstring/backpack) – optional
- Energy/enthusiasm!

## Shoes Instructions

Campers should bring 2 pairs of approved shoes for adventure activities. Approved shoes include closed-toed shoes with a back (such as tennis shoes, boots, or sandals with straps). Crocs and flip-flops are not approved for adventure activities. Campers are encouraged to bring a pair of shoes that can get wet.

## Dress Code

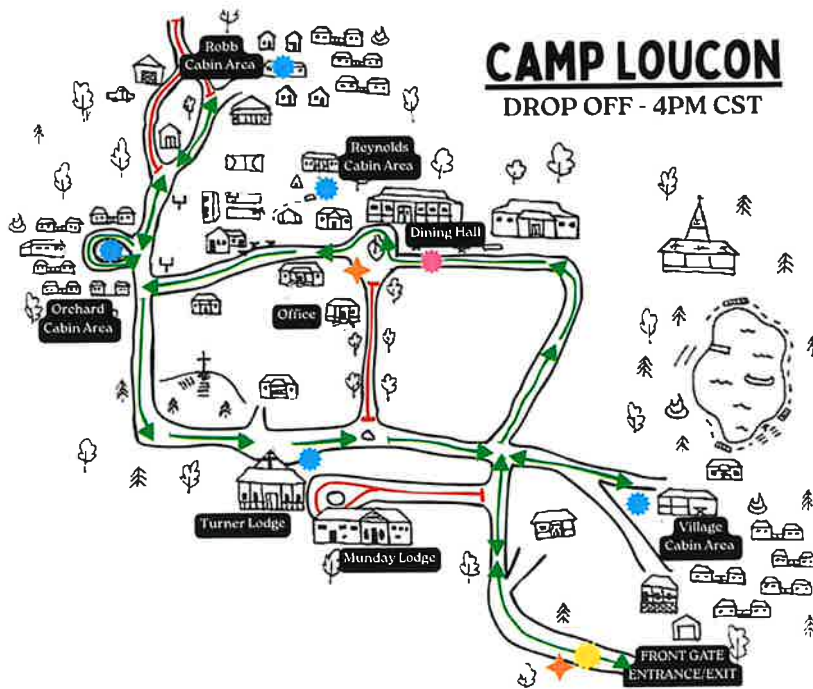
- Please wear socks with shoes or outdoor appropriate sandals.
- Shorts should extend past the fingertips with arms by their side.
- Sleeveless shirts may be worn as long as the strap is wider than 3 of the individual's fingers and does not have large arm holes.
- Midriffs must be covered, except when swimming.
- Underware should always be covered.
- Swimsuits must be both age and camp appropriate. We recommend trunks with drawstrings, tankinis, full-strap two-pieces, etc., in bright colors. String bikinis, underwear, speedos, and thongs are not permitted.
- Swimsuits should be well-fitting and nontransparent, with strings tied to ensure they stay place. For the safety of our campers, all boating adventures require one-piece suits.
- Clothing with slogans promoting alcohol, sex, tobacco, drugs, profanity, or death themes is not permitted.

## What to Leave at Home

- Portable electronics (ear buds, tablets, computers, etc.)
- Candy and gum (absolutely no snacks unless medically needed)
- Fans
- Offensive material (see clothing guidelines)
- Firearms, fireworks, lighters, knives, or other dangerous items
- Energy drinks or caffeinated sodas
- Peanut and tree-nut products
- Negative attitude/bullying

**Loucon is a NUT-FREE facility!**

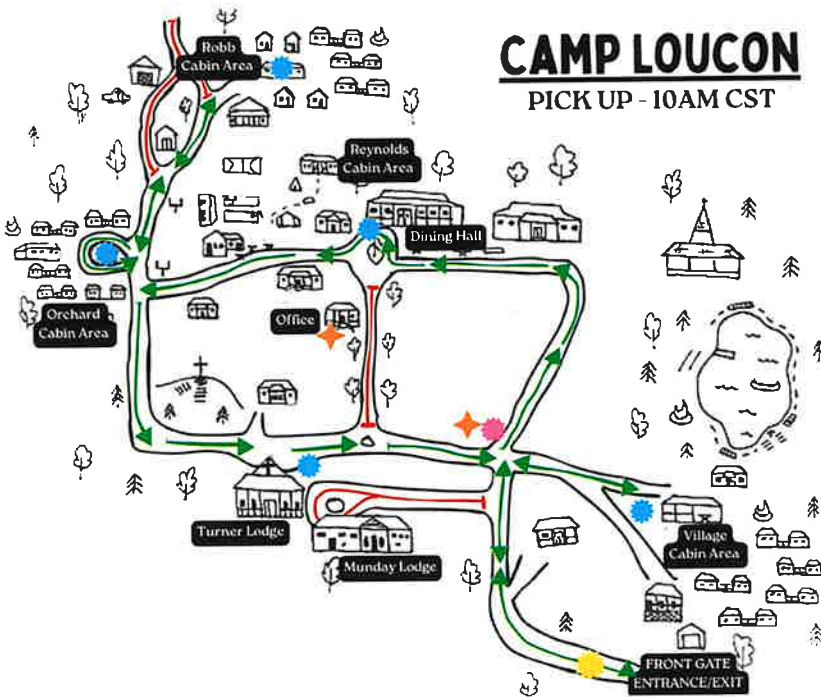
**Great Outdoors Campers: Please see your camper letter for additional items needed.**



### MAP KEY

- ★ Available Program Staff
- DO NOT DRIVE DOWN
- FOLLOW THE ARROWS
- ★ Registration, Medicine, & Mail Drop Off
- ★ Camper Drop Off Area
- ★ Arrival & Departure Location

**RESTROOMS AVAILABLE DURING DROP OFF AT THE DINING HALL + AREAS**



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- ★ Available Program Staff
- DO NOT DRIVE DOWN
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**CAMP MERCH STORE + RESTROOMS AVAILABLE DURING PICK UP AT TURNER LODGE**

## Loucon Medication Registration and Administration Form

Camper Name: \_\_\_\_\_ Arrival Date: \_\_\_\_\_

Circle one: *Explorer* *Discovery* *Adventure* *Middle* *High School*: \_\_\_\_\_

### Morning medications (to be administered at BREAKFAST)

Medication Name	Dosage	Day Provided (filled out by staff ONLY)
		S M Tu W Th F
		S M Tu W Th F
		S M Tu W Th F

### Afternoon medications (to be administered at LUNCH)

Medication Name	Dosage	Day Provided (filled out by staff ONLY)
		S M Tu W Th F
		S M Tu W Th F

### Evening medications (to be administered at DINNER)

Medication Name	Dosage	Day Provided (filled out by staff ONLY)
		S M Tu W Th F
		S M Tu W Th F
		S M Tu W Th F

### Nighttime medications (to be administered at BEDTIME)

Medication Name	Dosage	Day Provided (filled out by staff ONLY)
		S M Tu W Th F
		S M Tu W Th F
		S M Tu W Th F

### As Needed Medications

Medication Name	Dosage	Day Provided (filled out by staff ONLY)
		S M Tu W Th F
		S M Tu W Th F